

Using the Marathon Health App

1. Download the Marathon Health App for iOS or Android, open the app, and login.
2. From the home page, click the “**My Incentives**” box to navigate to the incentives page.
3. Under the **Program Goals** section, click on the goal that you wish to upload a form.

1

**Marathon**
Health™

Username or Email

Enter username or email

Password

Enter password

Sign In

Forgot password?

2

My Incentives

Incentive Form Options Test Program

1 Point

0142 days remaining12/31/2025

3

Program Goals

Annual Physical

1 Point

Completed 01/23/2025 Confirmed 06/15/2025

1. Once the goal is open, click the “**Upload Incentive Form Button**” at the bottom of the goal.
2. Once the form is uploaded, the goal will be marked as pending confirmation until the form is processed.

1

Upload Incentive Form

Download Form

2

1 Point*

This goal is pending confirmation.

[View Uploaded Form](#)

Your Record Value:
08/12/2025

Upload your completed verification form by clicking the "Upload Incentive Form" button within the incentive activity you wish to receive credit. Once submitted, your form will show as "Pending". Credit will be awarded within 1-2 business days of submission.

Form Upload Portal Guide – Desktop



Logging into the Marathon Health Portal

Log in to the Marathon Health Portal at my.marathon.health from any computer or mobile device.

A screenshot of the "Sign In" form on the Marathon Health portal. The form is white with a green border and is set against a light green background. It contains fields for "Username or Email" and "Password", both with red asterisks indicating they are required. Below the email field is a placeholder text "Enter your username or email". Below the password field is a placeholder text "Enter your password" and a "SHOW" button with an eye icon. A link "Forgot Password?" is located below the password field. At the bottom of the form are two buttons: "Sign In" and "Register My Account".

Navigate to the Incentives page by clicking the “**Incentives & Wellness**” tab in the navigation toolbar and choosing “**Incentives**” OR by selecting the “**View Incentives**” button in the incentive status section on the portal homepage.



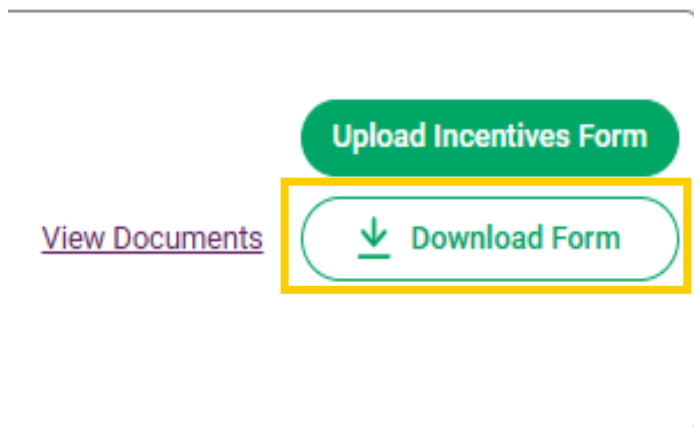
A screenshot of the "My Incentives Status" section on the Marathon Health portal. The section has a title "My Incentives Status" and a "View Incentives" button in the top right corner. Below the title is a trophy icon and the text "2025 Form Upload Test Program". Underneath is "My progress: 0 Points" followed by a progress bar showing 0 out of 2. Below that is "Time remaining: 20 days" followed by a purple progress bar showing 315 out of 335 days. Navigation arrows are visible on the right side of the progress bars.

Form Upload Portal Guide – Desktop



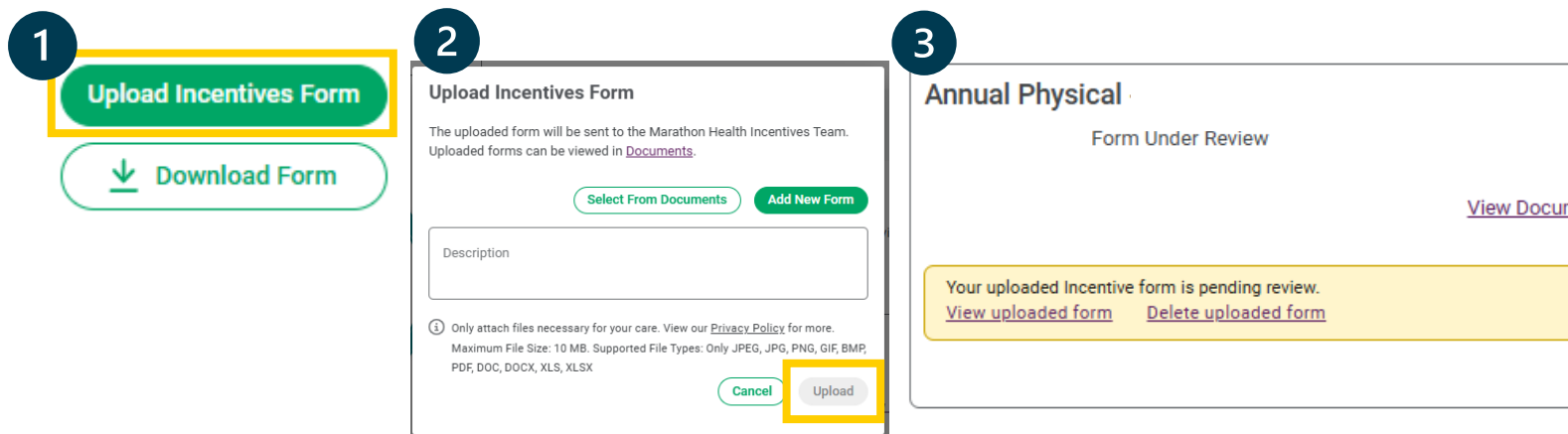
Downloading the Form

Once you are on the incentive page, scroll down to the incentive program goals section and click the specific activity you wish to upload a form towards. Click the “**Download Form**” button and have your provider complete and sign the form.



Uploading a Completed Form

1. Once your provider completes and signs your form, you can upload it to the specific activity that you wish to receive credit for in the portal. Click on the specific activity and then choose the “**Upload Incentives Form**” button.
2. You can choose to add a new form, or you can select from documents that have already been uploaded. Once you attach the form to submit for credit, click the “**Upload**” button.
3. Your incentive activity will then state “**Form Under Review**” until an incentives administrator reviews and approves your form.



Please Note:

If you are submitting a form for multiple incentive activities, you must upload your form for each activity that you wish to receive credit.